



# Developing Indigenous Resources India

## Report April 2024



# DEVELOPING INDIGENOUS RESOURCES INDIA

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**Developing Indigenous Resources India is qualified for Tax exemption under Income Tax Act 1961 U/S 12AA. vide order no. AAATD9602KE20192, Dated 20.02.2022 and for U/S 80G vides order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17A, Chandigarh.**

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## CEO'S REPORT FOR APRIL



April is the beginning of the new financial year for India and in education, it is the start of a new academic session in all schools. Parents and children are busy seeking admission in the new class and purchasing new books and stationery for the next class.



SWAD School of Dir has a good reputation in Nayagaon. Registration and admission of new students started in the month of March and continued in April. We have a total strength of 75 children.



We are extremely grateful to Chairman of Punjab Engineering College Old Student Association of Australia ( PECOSA), Mr.Gian Chand Banga and Vice Chairman Mr. Ashok Sood for donating 10 Usha Sewing Machine to DIR INDIA, on recommendation of Mr. Surjit Singh (Ex Pradhan of Janta Colony).



The DIR Medical team identified 10 women from the Basti who earn their livelihood by working for long hours in a boutique or Professional Tailors and earn a meager amount. These women do not have enough money to buy sewing machines. Our thanks to the Chairman of PECOSA for this great favour.

## Stories of Women who were given sewing machines:

- 30 years old **Radhika** is a widow and cancer survivor. She has 2 children ,one of which is physically handicapped (daughter). They live in Janta Colony. Both her children are Alumni of our SWAD school. Now they are studying in Govt model school, Sector 12 , Chandigarh. She lives with her children and brother. Her brother is an earning member. She has her own house. She has given one room on rent to generate money for her livelihood. She has studied till 8th class and the family belongs to U.P.



- **Manju ,40 years old, has** a tragic family life. Her elder son , Ansh aged 10, studying in Government Model School in Sector 10 Chandigarh. In 2022, He got a fever. The parents, out of ignorance, consulted a quack ,a self styled doctor living in the neighborhood. The child started losing muscle power from all the limbs and finally got paralyzed from all four limbs. He was hospitalized for 6 months in Post graduate Institute of Medical Education and Research (PGIMER), Chandigarh.

With the Medical course of treatment, physiotherapy and close monitoring, the child showed signs of improvement.

Ansh finally got discharged. He was bedridden for one year. Physiotherapy and treatment continued

and gradually mild strength in limbs started appearing. He can now stand and walk slowly. He resumed his education and started attending classes in Government Model School, Sector 10, Chandigarh.

Father is a painter but erratic and irresponsible by nature. The load of bringing up children and running a house is all on the mother. Father keeps on changing jobs and does not contribute to household expenditures.



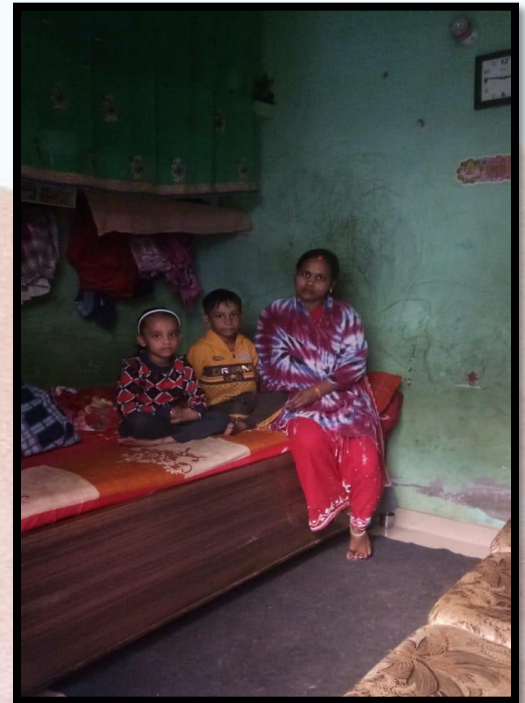
- **Rajkumari is from Bihar. She** lives in Janta Colony with her husband and two children. Her both the children were malnourished. These children were included in our NIPP feeding program. She was a case of Domestic violence. DIR employed her as a maid. And her children were admitted to our SWAD School under the project ALAMBANA Rajkumari is from Bihar. She has studied until 8th standard and they live in a rental room. She is keep on stitching and wants to earn additional money through tailoring.



- **Ritu, 30 years of age,** lives with her husband Ashok Singh in a rental room in Tejja Singh Market, Nada Road, Nayagaon. She has studied till 10th class. The couple is married for 11 years but have no children. Currently she is attending tailoring classes. Training for stitching and sewing to help her husband in generating funds for their livelihood. Her husband is a laborer.



- 25 years old, **Rupa** lives with her husband ,who is dumb and deaf. He works in a hotel as a helper. They have two children (twins) . They live in a 1 room set in Janta Colony. The family is from U.P and the couple has been married for the last 8 years. She wants to learn stitching to generate some money for their family as the cost of living in big cities is high.



- 35 years old **Shanti** lives with her husband who is a gardener.They have two children. They stay in a rental room in Janta Colony. The family belongs to U.P. The income is not sufficient for the family of four as her husband remains ill most of the time.





- 32 years old **Reena** is educated till 7th class. She lives in Janta Colony with her husband and two children in a rented room. Her one child is a special child. This family is from Haryana. Her husband is a laborer (Sweeper).

Both her children are studying in SWAD school under the project ALAMBANA. Financially weak.



- 35 years old **Ramrati** is a widow. She has 2 children and lives with her in-laws in Janta Colony. She has studied till 5th class. The family hails from U.P. Father in-law works as a helper in a cloth shop and she works in a tailoring shop as a helper to make some money for her children.



- Sapna, w/o Late Mr Ajay is 50 years old, lost her husband at a young age. She has a daughter, who has graduated and is now working. Sapna studied till 12th and has done Tailoring and fashion designing from I.T.I. Institution in sector 11 Chandigarh. She lives with her mother and Brother in # 290, Gobind Nagar, Nayagaon. Sapna runs her own boutique in a rented shop to generate income for her livelihood and her daughter is working in a private organization.



- RAJ RANI has Joined DIR India as a computer Professional. She has taken the workload of computer classes, tuition class, website handling, monthly and annual report formatting and designing- after it is written and compiled by the Medical team.
- My name is RAJ RANI. I belong to Mandi Gobindgarh (Punjab). After marriage I shifted to Chandigarh.
- My Qualification is BCA (Bachelors of Computer Application)
- MCA (Masters in Computer Application)
- B.Ed. (Bachelors of Education)
- I have experience of teaching in two schools in Chandigarh.
- I got married in 2021, and now permanently settled in Chandigarh.
- I am blessed with a daughter named Asees Kaur. Took care of her for 2 years with the help of mother-in-law.
- I applied for a job in DIR and got selected .On 8th April I got an appointment letter with the job profile as a COMPUTER TEACHER with additional responsibility of Tuition classes for underprivileged children.
- I am taking two batches of computer classes, one in the morning and one in the afternoon.
- In addition designing and formatting the monthly reports and annual reports.
- I am incharge of a DIR website. In collaboration with the web designers we keep updating the monthly activities of the organization.
- My hobbies are spending quality time with my family, listening to music, teaching and learning new things.
- I am happy to be part of the DIR INDIA family. I am enjoying my work and appreciate the culture of this organization.



# MEDICAL TRAINING



Vitamin A is a fat soluble vitamin that is required for a number of bodily functions such as good vision and healthy immune system, as well as being essential for growth and development. The deficiency of Vitamin A is the leading cause of preventable childhood blindness and contributes to increased morbidity and mortality due to weakened immune systems. India reports the highest prevalence of vitamin A deficiency accounting 62% of children to be deficient in vitamin

A.  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3905635/#:~:text=India%20has%20the,blindness%20during%20pregnancy>

April's medical class was focused on the topic, "the importance of Vitamin A" including the best sources of vitamin A, deficiency symptoms of it such as night blindness, xerophthalmia and xerosis of the eye. The health promoters were also guided about the preventive measures of vit A deficiency and daily requirement of it in an adult. The first prophylactic dose of vitamin A is administered at 9 months of age continuing upto 5 years of age with a gap of every 6 months. Every child in Janta colony is getting the supplementation of Vit. A on regular intervals.

# ACADEMIC PROGRESS REPORT OF FIELD STAFF

## ● MEDICAL TOPPERS :



**VEENA RANI**  
**FIELD COORDINATOR**



**BANITA**  
**FIELD SUPERVISOR**

## ● NUTRITION TOPPERS :



**VEENA RANI**  
**FIELD COORDINATOR**



**SUSHMA**  
**FIELD COORDINATOR**



**DIMPLE**  
**HEALTH PROMOTER**

**PRACTICAL IMPLEMENTATION THROUGH COMMITTEE MEETINGS:**



# NUTRITION TRAINING



A survey was done by our medical team in the Janta colony regarding the various health related issues like hypertension, thyroid, ischemic heart diseases and diabetes. In this survey 110 persons were found suffering from diabetes. Including this respiratory Diseases are also common amongst the basti people. This may be caused by infection, smoking, passive smokers, air pollution and poor ventilation.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7550896/>

Taking into consideration the above facts in the month of April nutrition training was focused on

- Diabetes insipidus
- Dietary management in Asthma
- Dietary management in Pneumonia

# NUTRITIONAL DEMONSTRATION

Nutritional Demonstration on 19th April 2024

Name of the Recipe: **Nutritious pancake**

Bottle gourd has been used traditionally to help with many health conditions such as life fever, cough, pain and even asthma. It has been used since ancient times for its benefits. It is also considered a good source of vitamin B, C and other nutrients. The nutritious pancake was prepared by using bottle gourd, sesame seeds, basan, wheat flour, finely chopped onion, coriander leaves, salt, chillies and oil. The pancake was served with green chutney prepared by using coriander leaves, onion, tomato, lemon, salt and green chillies.

Nutritional value per serving - 100g

Energy - 45 kcal

Protein - 5g



# ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

<u>TOTAL</u>	<u>RED ZONE</u>	<u>YELLOW ZONE</u>	<u>GREEN ZONE</u>
<u>15</u>	7	<u>4</u>	<u>4</u>

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.
- **Total 20 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.**

## DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for the month of APRIL was 19 .
- In this, 15 children were below 5 years of age, 3 were needy Lactating mothers and 1 was underprivileged and malnourished women of Janta Colony.
- **PROGRESS REPORT UNDER NIPP PROGRAM:**
- 4 children gained weight.
- 10 children showed no change in weight and 1 child lost weight due to seasonal illness like cough and cold.



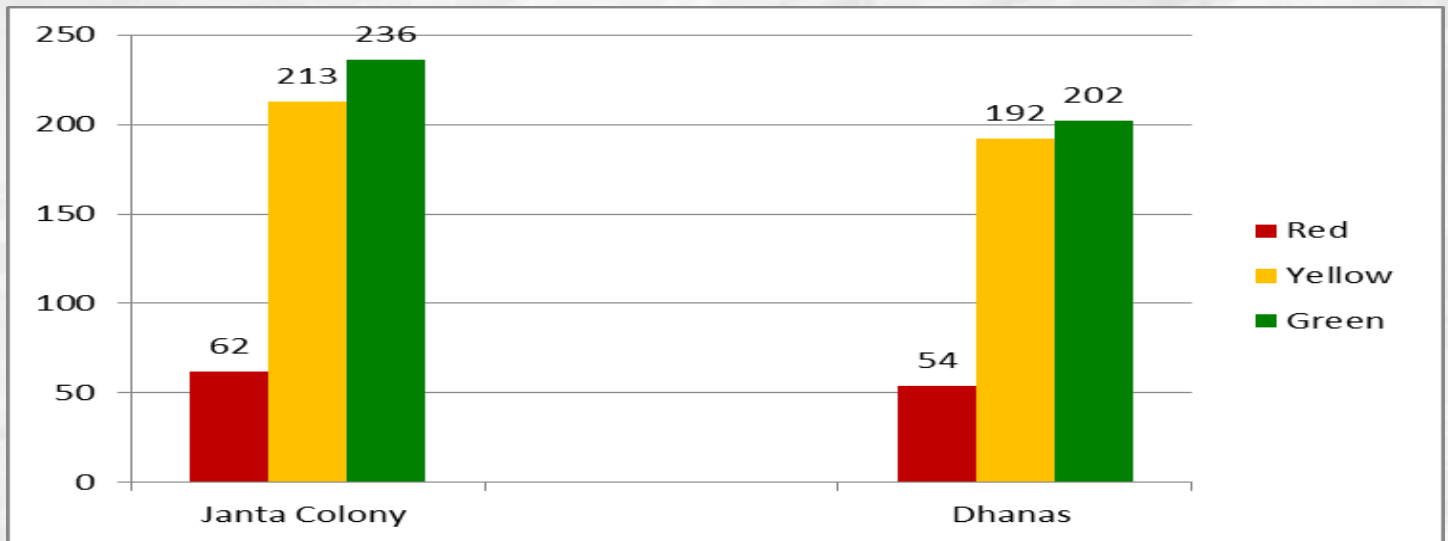




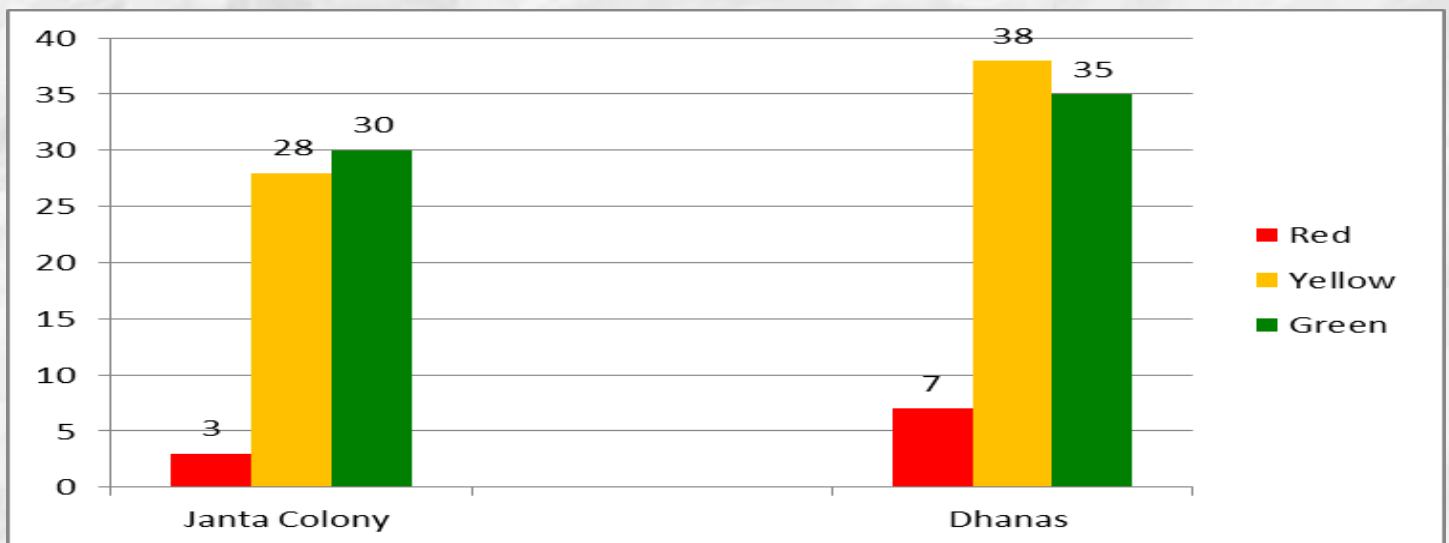
## **STATISTICS OF MEDICAL PROJECT**

	<b><u>JANTA COLONY SLUM</u></b>	<b><u>DHANAS VILLAGE</u></b>
Total Population	9524	9680
Total Males	4894	5263
Total Females	4630	4417
Total no. of children	599	528
<u>Total Red zone children</u>	65	61
Red zone children Weighed	3	54
Children not weighed (gone to the village)	62	7
<u>Total Yellow zone children</u>	241	230
Yellow zone children weighed	213	192
Children not weighed (gone to the village)	28	38
<u>Total Green Zone children</u>	293	237
Green zone children Weighed	263	202
Children not weighed (gone to the village)	30	35

**Total number of children weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone**



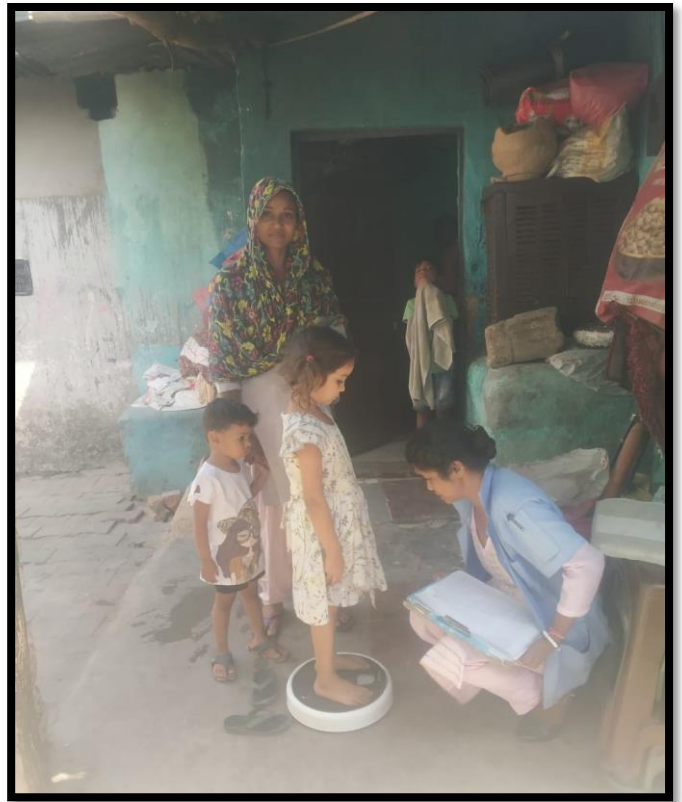
**Total Number of the children not weighed, in Janta Colony and Dhanas in categories**



	<b>IANTA COLONY SLUM</b>	<b>DHANAS VILLAGE</b>
Total No. of children last month	593	506
Children permanently left	8	7
Total Deliveries	5	1
Children reached 5 years of age	3	5
New families moved in area on rent with children under five	12	33







## STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	10	1.7	12	2.3
13-24	6	1.0	10	1.9
25-35	14	2.3	14	2.7
36-48	17	2.8	7	1.3
49-60	15	2.5	11	2.0
Total Red Zone children	65	10.8	61	11.5
Red zone children (weighed)	62	10.3	54	10.2
Children not weighed (gone to the village)	3	0.5	7	1.3

## DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P'S NAME	TOTAL CHILDR EN	RED ZONE	WEIG HED	GONE TO VILLA GE	WEIGH T GAIN	WEIG HT LOSS	SAME WEIGH T	RIGID FAMILIE S	WORKIN G MOTHER S	FLOATING POPULATION	UNDER 6 MONTH
BANITA	49	8	8	0	4	2	2	2	0	3	0
DIMPLE	51	4	4	0	0	3	1	0	0	0	0
LATA	45	8	7	1	2	2	2	0	0	3	3
MEENA KSHI	46	3	3	0	2	0	1	0	0	2	1
LATA CHAUH AN	59	11	10	1	3	2	4	0	0	4	1
POOJA	47	7	7	0	2	0	5	0	1	3	0
LATA CHAND EL	41	1	1	0	0	1	0	0	0	0	0
SUSHM A	47	4	4	0	1	0	2	0	1	1	0
SUNITA	59	2	2	0	0	1	1	0	1	0	0
VEENA	45	3	3	0	1	1	1	0	0	0	0
SANJAN A	43	3	2	1	1	0	1	0	0	1	0
MEENA	39	5	5	0	1	1	3	0	0	2	0
POONA M	28	6	6	0	2	0	4	0	1	2	1



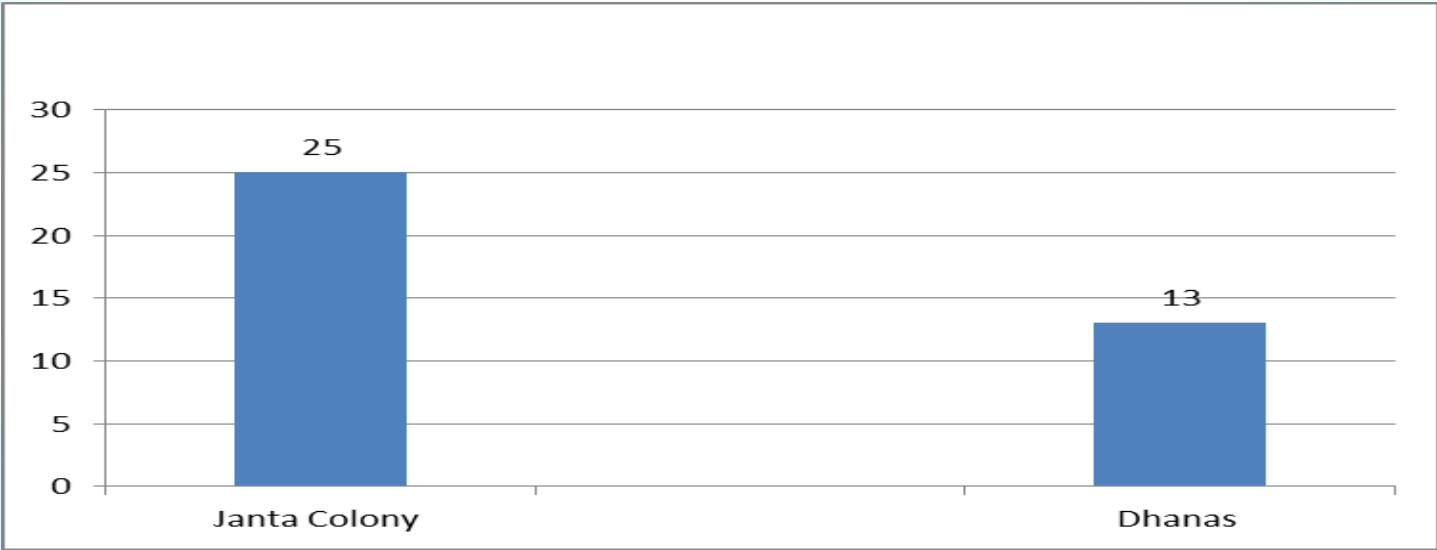
# DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

H.P'S NAME	TOTAL CHILDREN	RED ZONE	WEIGHED	GONE TO VILLAGE	WEIGHT GAIN	WEIGHT LOSS	SAME WEIGHT	RIGID FAMILIES	WORKING MOTHERS	FLOATING POPULATION	UNDER 6 MONTH
BANITA	48	5	5	0	0	2	3	0	0	0	0
DIMPLE	34	2	2	0	1	0	1	0	0	0	0
LATA	41	3	3	0	0	1	2	0	0	0	0
MEENAKSHI	44	6	4	2	1	1	1	0	0	0	2
LATA CHAUHAN	38	4	3	1	0	1	2	0	0	0	0
POOJA	41	6	6	0	4	0	2	0	0	0	2
LATA CHANDEL	42	3	3	0	1	0	0	0	0	0	0
SUSHMA	42	2	2	0	0	0	2	0	0	0	0
SUNITA	43	4	3	1	0	0	3	0	0	0	0
VEENA	56	8	8	0	2	3	1	0	0	0	1
SANJANA	45	7	4	3	2	0	2	0	0	0	1
MEENA	33	5	5	0	1	1	2	0	0	0	1
POONAM	21	6	6	0	2	0	2	0	0	0	1

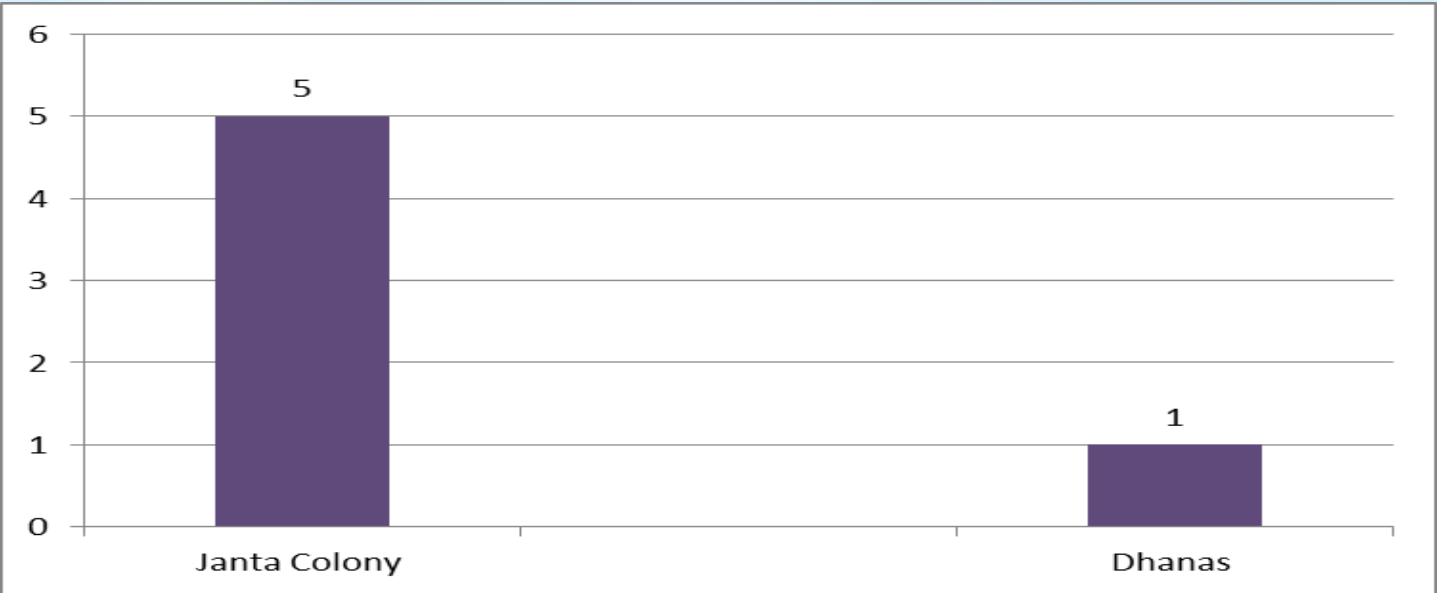
## STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<u>JANTA COLONY</u>	<u>DHANAS VILLAGE</u>
Number of women pregnant last month	23	11
Number of deliveries	5	1
Births	Male: 2 Female:3	Male:1 Female:0
Mothers who left Colony	0	0
Infant death	0	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	7	3
Trimester	1 <sup>st</sup> trimester:2 2 <sup>nd</sup> trimester: 8 3 <sup>rd</sup> trimester: 15	1 <sup>st</sup> trimester:0 2 <sup>nd</sup> trimester: 4 3 <sup>rd</sup> trimester: 9
Number of Pregnant women this month	25	13

**Total number of pregnant women in Janta Colony and Dhanas**



**Total number of Deliveries in Janta Colony and Dhanas**



## DEATH DETAILS IN JANTA COLONY

<b>NAME OF THE DECEASED</b>	<b>AGE OF DECEASED (YEARS)</b>	<b>GENDER</b>	<b>CAUSE OF DEATH</b>	<b>NAME OF THE HEALTH PROMOTER</b>
Soma devi	73 years	Female	Multiple organ failure due to Diabetes	Poonam
Savitri devi	90 years	Female	Natural death	Sunita
Sudama	60 years	Female	Due to Dehydration	Dimple
Amit	43 years	Male	Multiple organ failure	Lata chauhan

# EDUCATION PROGRAM:

## SWAD SCHOOL PROGRESS REPORT:

- **Pre Nursery class** - Class Teacher Mrs. Preeti

- ❖ **Virat** is a new student in this session. He is a very promising child. He takes interest in every activity and is a keen
- ❖ observer. He is a sincere child and loves to recite rhymes and poems in morning assembly.



- **Nursery class** - Class Teacher Mrs. Geeta

- **Shivansh** was a shy- and introvert child when he was admitted in SWAD SCHOOL Geeta teacher gave special attention to Shivansh to build his confidence to speak and respond to activities in the class. It was the sincere efforts of school teachers which helped him boost his morale and participate in morning assemblies in front of the entire school.



- **L.K.G class** - Class Teacher Mrs. Lata

- ❖ **Lucky** has shown a lot of improvement in his academics as well as his overall behaviour. Most of the children are shy when they seek admission. Lucky's growth in self confidence and to perform before the assembly was quick. He broke the barrier of shyness and started performing both in class as well as morning assembly. Our compliments to the class teacher Lata Thakur in training and grooming the child to perfection



- **U.K.G class** - Class Teacher Mrs. Saroj

- ❖ April is the month of the new academic session. This month L.K.G students have been promoted to U.K.G class. SWAD teacher's first priority is to understand the psychological behavior of each student and pay attention accordingly.

Initially, **Vansh lacked** confidence and used to stammer while talking due to nervousness. Class teacher Saroj gave extra attention and care to the child. Adapting new methods for special activities for Vansh improved his writing skills and oral performance with full confidence and zeal.



- **Project Alambana** - Class Teacher Ms.Antima

- ❖ **ANSH** is a new student in the class, under the project Alambana. All children under project Alambana are from poor families. DIR gives free education ,books,clothes and food. Ansh initially used to cry a lot as he missed his mother.Class teacher made him indulge in activities and games which included videos, dance and physical activities to help him overcome homesickness. Now he enjoys participating in smart class activities and recites poems and rhymes.



## ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:



- Children of SWAD school participated in paper craft making and colouring activities.







CLASS		PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE-NUR ERY	<b>AVNEET KAUR</b> 	<b>JASIKA</b> 	<b>ROUNAK</b> 	<b>SHIVANIYA</b> 
NURSERY	<b>RITIK</b> 	<b>DAKSH</b> 	<b>KARTIK</b> 	<b>SATNAAM</b> 
L.K.G	<b>HIMANSHI</b> 	<b>HARSHITA</b> 	<b>NITYA</b> 	<b>MISHTI</b> 
U.K.G	<b>VANSH</b> 	<b>RAUNAK</b> 	<b>AYAN</b> 	<b>VANIYA</b> 
ALAMBANA	<b>ARYAN</b> 	<b>VIRAJ</b> 	<b>RUHI</b> 	<b>KASHVI</b> 

## HOMOEOPATHIC CAMP:



Homoeopathy camp organised by Homoeopathic Medical College and Hospital of Sector 26, Chandigarh. Team of 2 Doctors and Paramedical staff comes twice a month to serve the community with free consultation and free medication.

- **TUITION CLASSES:**



Tuition classes are held from 3PM to 5PM every day for Basti children who are studying in Public School in Chandigarh. DIR ensures every child is given extra coaching to cope up with the standard of education of Public Schools in which they are studying.

In tuition classes, frequent tests are taken to ensure the child understands and performs outstandingly well in their respective class.

## DIR INDIA HIGHLIGHTS OF THE MONTH



- Panjab Engineering College Old Students Association (PECOSA), donated money for 10 Usha Sewing Machines to be given to underprivileged women of Janta Colony, Nayagaon to earn their livelihood through tailoring and stitching. We are extremely grateful to the Chairman of PECOSA Australia Mr. Gian Chand Banga, Vice Chairman Mr. Ashok Sood for their generosity. Mr. Surjit Singh has been a well wisher of DIR since 2006. He now lives in Sydney, Australia. Every year he visits DIR in winters and donates woollens to our children and the maids. These sewing machines have been donated by PECOSA on the recommendation of Mr Surjit Singh. Our compliments to the President of PECOSA for empowering women of underprivileged communities with the Usha Sewing machine.

## OUR TEAM



## CONTACT INFORMATION

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THANK

YOU

