



**Developing Indigenous Resources India**  
**JULY 2024**



# DEVELOPING INDIGENOUS RESOURCES INDIA

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Developing Indigenous Resources India is qualified for Tax exemption under Income Tax Act 1961 U/S 12AA. vide order no. AAATD9602KE20192, Dated 20.02.2022 and for U/S 80G vides order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17A, Chandigarh.

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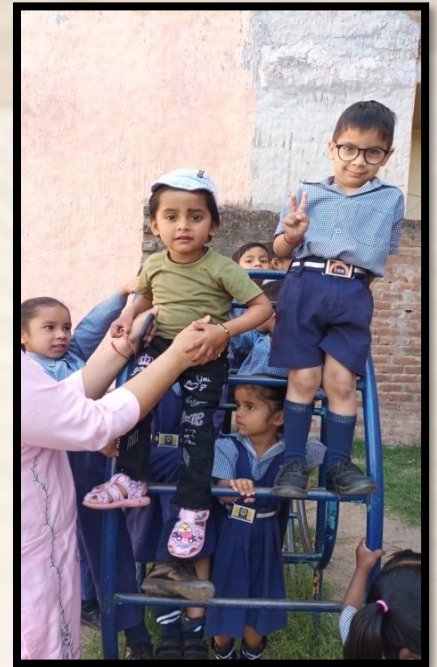
# CEO REPORT

July is a wet climate, it is the monsoon season. In and around the Janta colony the drainage system is poor. Water clogging is common. Entering the DIR office is challenging.



The reopening of SWAD School after one month's summer vacation is exciting. Schoolchildren are the life of the organization, and DIR is once again bubbling with energy with the presence of our little angels. Each child has a story to tell to the teacher and to me on the places they visited during their summer vacations.

The new admissions are catching up momentum as the spoken reputation of the SWAD School is good.



Lata Chauhan, our Health Promoter is getting married in Haridwar, in Uttarakhand. She joined DIR INDIA in 2021, during the post-Covid Era. She was one of the sincere workers. Her performance, both academically and in Fieldwork was outstanding. She hails from a humble family. 31st July was her last working day. The DIR Team gave her a warm farewell.



The medical team surveyed Janta Colony and Dhanas to assess the impact of our fieldworker's committee meetings on awareness of family planning plus practical implementation. The graphic display underneath is self-explanatory. DIR's medical project in Janta Colony has been running since 2006. The impact of Family planning is visible, whereas Dhanas Project was adopted in January 2024, the impact of family planning will be seen after 2 years. We were pleased to see the statistics ,as majority families have one or two children unlike Janta Colony slums in 2006.

## STATISTICS OF FAMILY PLANNING IN JANTA COLONY 2024(MEDICAL PROGRAM SINCE 2006)

SR NO	HP NAME	1 CHILD	2 CHILDREN	3 CHILDREN	4 CHILDREN	5 CHILDREN	6 CHILDREN	7 CHILDREN	P	PR	F
1	SANJANA	21	21	4	0	1	0	0	37	0	10
2	SUNITA	24	30	3	3	0	0	0	54	6	0
3	DIMPLE	24	50	5	2	0	0	0	64	15	2
4	LATA GOSAIN	26	26	12	1	0	0	0	39	25	1
5	POOJA	25	35	7	1	0	0	0	35	15	18
6	MEENAKSHI	22	33	3	1	1	0	1	51	2	8
7	BANITA	26	39	6	2	0	0	0	56	14	3
8	VEENA	22	48	8	0	0	1	0	67	1	11
9	SUSHMA	23	21	3	1	0	0	0	40	0	8
10	LATA CHANDEL	15	29	5	0	0	0	0	39	5	5
11	MEENA	13	31	7	1	0	0	0	44	0	8
12	KAJAL	27	35	4	0	0	0	0	51	0	15
	<b>TOTAL</b>	<b>268</b>	<b>398</b>	<b>67</b>	<b>12</b>	<b>2</b>	<b>1</b>	<b>1</b>	<b>577</b>	<b>83</b>	<b>89</b>

**NOTE: 'P' (Permanent families) living in Janta Colony**

**'PR' (Permanent Rented) residing for a long time**

**'F' (Floating families) is a Floating population staying temporarily on rent in Janta colony.**

**The families who have more than 4 or more children , were victims to culture or family pressure in wanting a male child.**

**The above graphics are displaying the impact of our committee meetings, as the majority of families have one or two children.**

## STATISTICS OF FAMILY PLANNING IN DHANAS 2024(ADOPTED JAN 2024)

SR NO	HP NAME	1 CHILD	2 CHILDREN	3 CHILDREN	4 CHILDREN	5 CHILDREN	6 CHILDREN	7 CHILDREN	P	F
1	SANJANA	27	32	5	1	2	0	0	58	9
2	SUNITA	20	32	11	0	2	0	0	59	6
3	DIMPLE	29	32	16	6	2	0	0	73	12
4	LATA GOSAIN	30	31	14	4	0	0	0	68	11
5	POOJA	33	25	10	2	2	1	1	67	7
6	MEENAKSHI	26	33	8	1	0	0	0	56	12
7	BANITA	32	30	9	4	2	0	0	65	12
8	VEENA	27	41	17	7	1	1	0	91	3
9	SUSHMA	26	32	18	11	0	0	0	80	7
10	LATA CHANDEL	29	38	19	6	4	1	0	93	4
11	MEENA	20	29	24	9	1	1	1	65	20
12	KAJAL	21	37	17	2	1	12	0	90	0
	<b>TOTAL</b>	<b>320</b>	<b>392</b>	<b>168</b>	<b>53</b>	<b>17</b>	<b>16</b>	<b>2</b>	<b>865</b>	<b>103</b>

**NOTE: 'P' (Permanent families) living in Janta Colony**

**'F' (Floating families) in rented apartments in Dhanas.**

**This is a new Medical Project that started in January 2024.**

**The impact of our program on Mother and child health in Dhanas will be assessed every year, and the impact and evaluation will be done after 3 years.**

# MEDICAL TRAINING

July marks the beginning of the monsoon season, heavy rainfall, increased humidity, and slight drop of temperature which rejuvenate the surroundings.

The academics are planned on water borne diseases. following topics were covered:-

1. Digestive System
2. Respiratory System

The study focused on the role of the mouth in initiating carbohydrate digestion. It emphasized the mechanical and chemical breakdown of nutrients

to provide essential elements for the body. Understanding the digestive system is important for addressing conditions such as diarrhoea, constipation, acid reflux, and celiac disease, which are prevalent among residents of Janta Colony and Dhanas. Additionally, the course covered the respiratory system, including lung volumes and capacities, and included a class assessment on both subjects.





## NUTRITION TRAINING

During the monsoon season, there is relief from the intense heat, but high humidity and fluctuating temperatures can impact the digestive system. Some foods during this time may hinder the absorption of nutrients, leading to issues like indigestion, bloating, constipation, and discomfort. Therefore, it's crucial to address these concerns to support gut health and overall well-being. Recognizing these challenges, educational sessions were held to emphasize the significance of a balanced diet and essential nutrients in our daily meals.



# **ACADEMIC PROGRESS REPORT OF FIELD STAFF**

## **• MEDICAL TOPPERS :**



**MEENAKSHI NEGI**  
**FIELD COORDINATOR**



**BANITA**  
**FIELD SUPERVISOR**



**VEENA RANI**  
**FIELD COORDINATOR**



**LATA CHAUHAN**  
**HEALTH PROMOTER**

● **NUTRITION TOPPERS :**



**VEENA RANI**  
**FIELD COORDINATOR**



**BANITA**  
**FIELD SUPERVISOR**

**PRACTICAL IMPLEMENTATION THROUGH  
COMMITTEE MEETINGS:**



# NUTRITIONAL DEMONSTRATION

## **Name of the Recipe: *Poha suji* pancake**

"Cheela" (vegetable Pancake) stands out as a healthy, nutritious, and easily prepared staple for every household. It can be made with wheat flour, chickpea flour, and semolina, enriched with various seasonal vegetables. A unique twist on this is the "Poha Suji" pancake, crafted from semolina, flattened rice, chickpea flour, along with capsicum, onion, beans, fresh coriander leaves, and an array of spices.

Nutritional value per serving - 100g

Energy - 84 Kcal

Protein - 4.6 g



# ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
12	8	4	0

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.
- A total of 13 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.

## DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for the month of JULY was 29 including Alambana children, Pregnant and lactating mothers.
- In this, 12 were children below 5 years of age, 2 were needy malnourished Lactating mothers 2 were underprivileged and malnourished women of Janta Colony and 13 were children under the Alambana Project.

## PROGRESS REPORT UNDER NIPP PROGRAM:

- 5 children gained weight.
- 4 children showed no change in weight and 3 children lost weight due to seasonal illnesses like cough and cold.

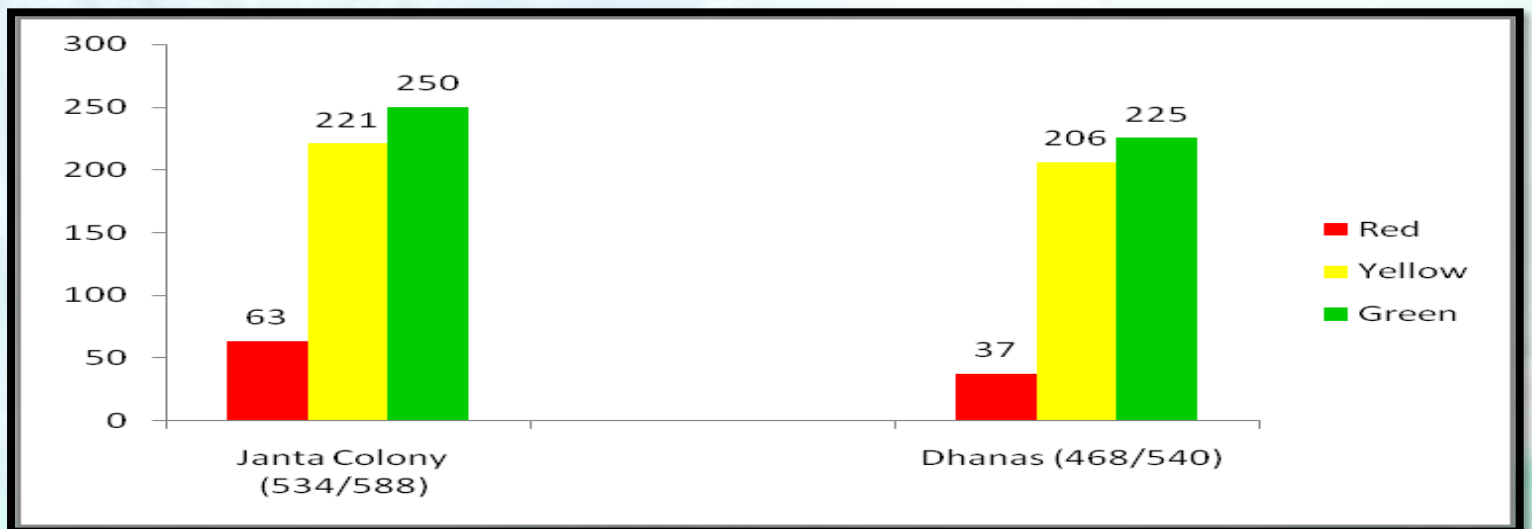


# STATISTICS OF MEDICAL PROJECT

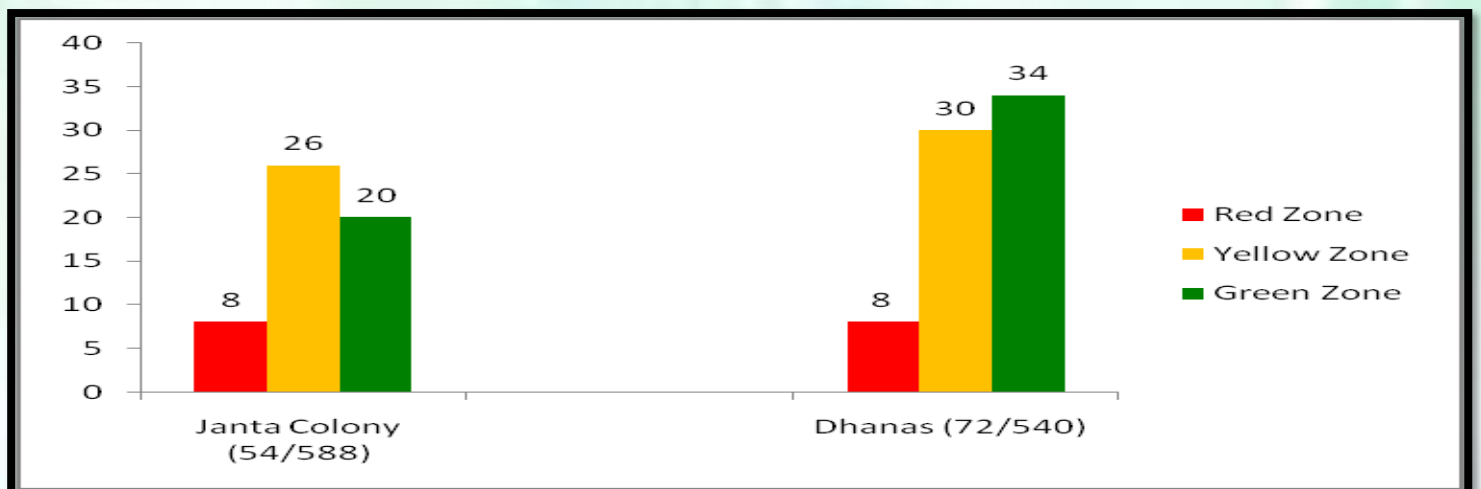
	<b><u>JANTA COLONY</u></b> <b><u>SLUM</u></b>	<b><u>DHANAS VILLAGE</u></b>
Total Population	9561	9689
Total Males	4914	5269
Total Females	4647	4420
Total no. of children	588	540
<u>Total Red zone children</u>	71	45
Red zone children Weighed	63	37
Children not weighed (gone to the village)	8	8
<u>Total Yellow zone children</u>	247	236
Yellow zone children weighed	221	206
Children not weighed (gone to the village)	26	30
<u>Total Green Zone children</u>	270	259
Green zone children Weighed	250	225
Children not weighed (gone to the village)	20	34

	<b><u>JANTA COLONY SLUM</u></b>	<b><u>DHANAS VILLAGE</u></b>
Total No. of children last month	589	546
Children permanently left	9	19
Total Deliveries	4	1
Children reached 5 years of age	2	6
New families moved in area on rent with children under five	6	18

**Total number of children weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone**



**Total number of children not weighed in Janta Colony and Dhanas in different categories**







## STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	<b>Janta Colony</b>		<b>Dhanas</b>	
<b>Age (Months)</b>	<b>Children</b>	<b>%Age</b>	<b>Children</b>	<b>%Age</b>
0-12	9	1.5	3	0.5
13-24	7	1.1	10	1.8
25-35	18	3.1	9	1.7
36-48	15	2.6	8	1.5
49-60	14	2.4	7	1.3
Total Red Zone children	71	12	45	8.3
Red zone children (weighed)	63	10.7	37	6.8
Children not weighed (gone to the village)	8	1.3	08	1.5

## DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	44	8	5	3	2	0	3	1	0	3	4
Dimple	55	7	7	0	2	1	4	1	0	2	4
Lata Gosain	42	3	3	0	2	0	1	0	0	0	2
Meenakshi	47	4	4	0	1	1	2	0	0	2	1
Lata Chauhan	58	10	10	0	3	1	6	1	0	6	3
Pooja	49	7	6	1	0	2	4	0	0	4	3
Lata Chandel	43	5	5	0	0	1	4	1	0	0	4
Sushma	43	4	4	0	1	0	3	0	1	1	2
Sunita	48	1	1	0	0	0	1	0	1	0	0
Veena	44	3	2	1	0	1	1	0	0	0	2
Sanjana	36	6	5	1	1	1	3	0	0	2	3
Meena	38	4	4	0	3	1	0	0	0	1	3
Poonam	41	9	7	2	2	1	4	0	0	5	4
<b>TOTAL</b>	<b>588</b>	<b>71</b>	<b>63</b>	<b>8</b>	<b>17</b>	<b>10</b>	<b>36</b>	<b>4</b>	<b>2</b>	<b>26</b>	<b>35</b>

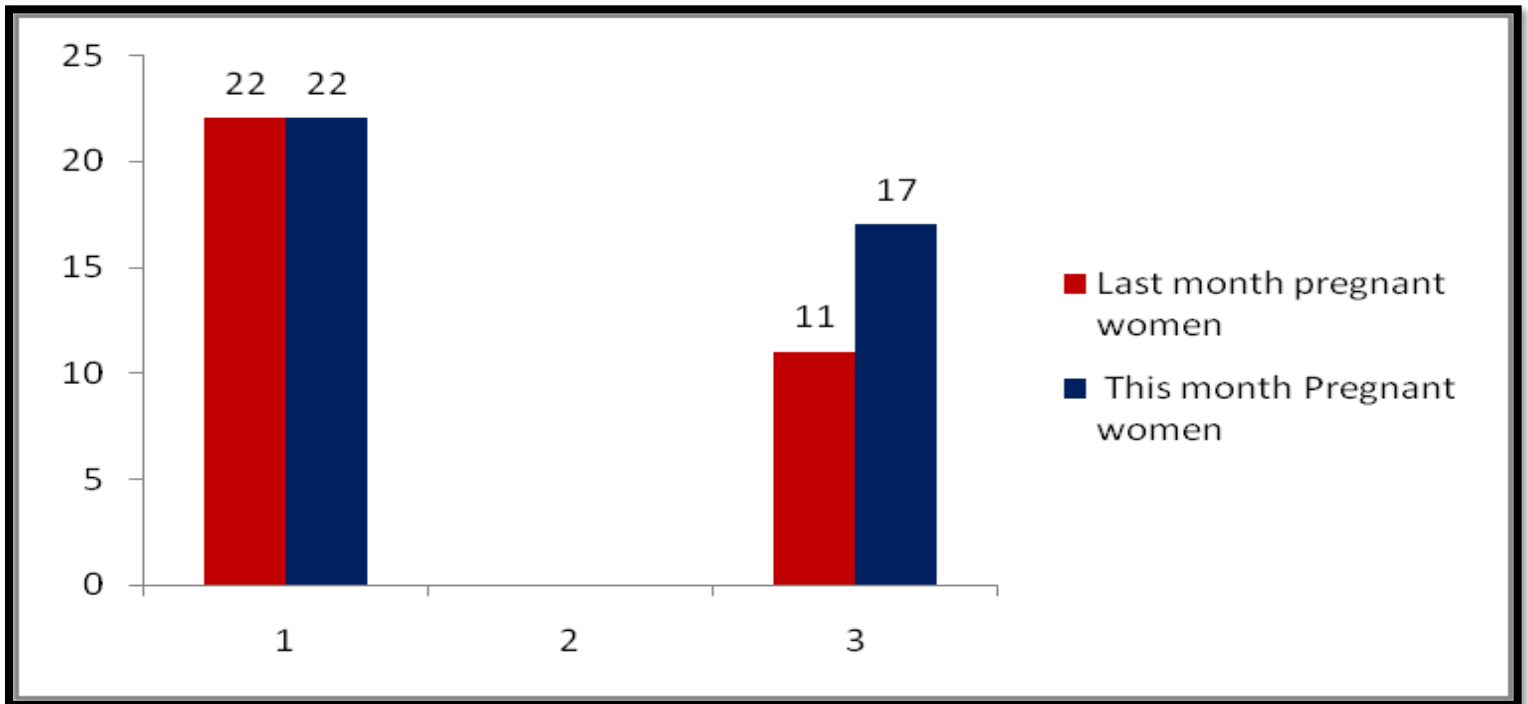
## DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	46	5	4	1	1	0	3	0	0	0	0
Dimple	39	1	0	1	0	0	0	0	0	0	0
Lata Gosain	43	1	1	0	1	0	0	0	0	0	0
Meenakshi	40	3	3	0	0	0	2	0	0	0	0
Lata Chauhan	44	5	5	0	2	1	2	0	0	0	1
Pooja	40	4	4	0	0	1	3	0	0	0	0
Lata Chandel	46	3	2	1	1	0	1	0	0	0	0
Sushma	43	2	2	0	1	0	1	1	0	0	0
Sunita	48	5	4	1	2	0	2	0	0	0	1
Veena	52	4	4	0	0	0	4	0	0	0	0
Sanjana	46	5	3	2	1	1	1	0	0	0	0
Meena	35	4	2	2	1	0	1	0	0	0	0
Poonam	18	3	3	0	1	0	2	0	0	0	0
<b>TOTAL</b>	<b>540</b>	<b>45</b>	<b>37</b>	<b>8</b>	<b>11</b>	<b>3</b>	<b>22</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>2</b>

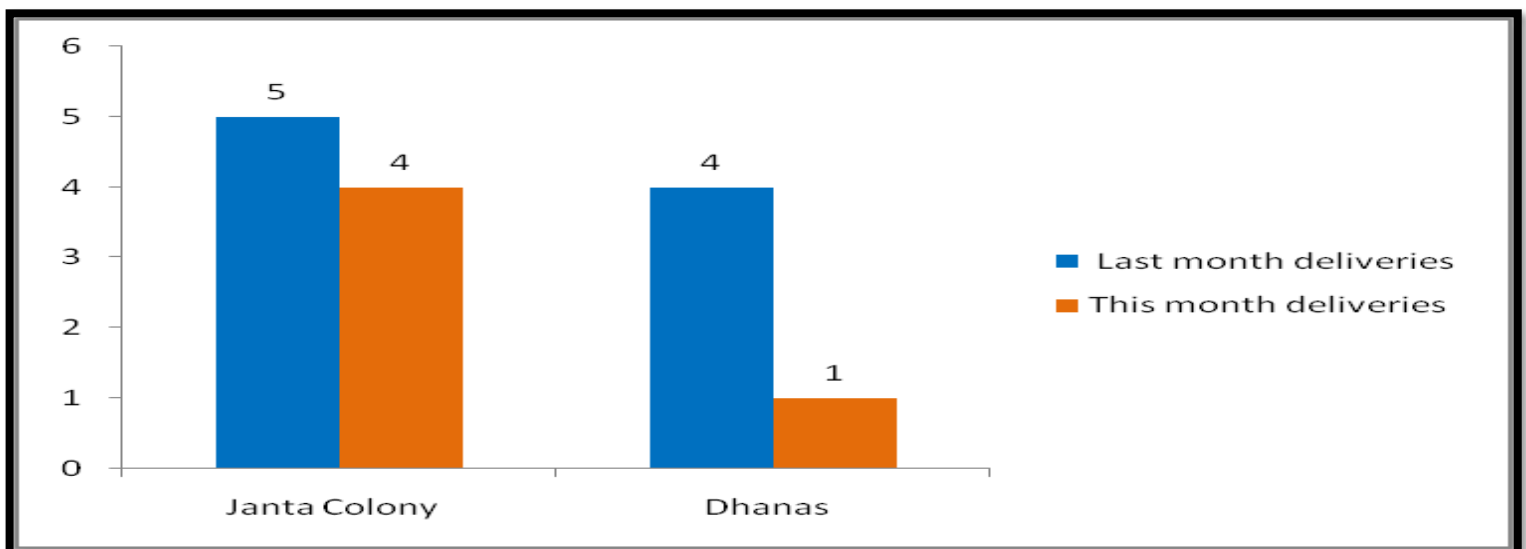
## STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<b><u>JANTA COLONY</u></b>	<b><u>DHANAS VILLAGE</u></b>
Number of women pregnant last month	22	11
Number of deliveries	4	1
Births	Male:2 Female:2	Male:0 Female:1
Mothers who left the Colony	2	0
Infant death	1	0
Miscarriages	0	0
Abortions	0	0
Newly Pregnant	3	4
Trimester	1 <sup>st</sup> trimester: 1 2 <sup>nd</sup> trimester: 8 3 <sup>rd</sup> trimester: 13	1 <sup>st</sup> trimester: 1 2 <sup>nd</sup> trimester: 6 3 <sup>rd</sup> trimester: 10
Number of Pregnant women this month	22	17

## Total number of Pregnant women in Janta Colony and Dhanas



## Total number of Deliveries in Janta Colony and Dhanas





## DEATH DETAILS IN JANTA COLONY

<b>NAME OF THE DECEASED</b>	<b>AGE OF DECEASED (YEARS)</b>	<b>GENDER</b>	<b>CAUSE OF DEATH</b>	<b>NAME OF THE HEALTH PROMOTER</b>
(Neonate)	2 days	Male	Fetal Distress due to meconium	Dimple
Narayan	64	Male	Asthma Attack	Sushma

## DEATH DETAILS IN DHANAS

<b>NAME OF THE DECEASED</b>	<b>AGE OF DECEASED (YEARS)</b>	<b>GENDER</b>	<b>CAUSE OF DEATH</b>	<b>NAME OF THE HEALTH PROMOTER</b>
Bhago Devi	75	Female	Kidney Failure due to Diabetes	Lata Gosain

## TAILORING PROGRAM :

In July, the tailoring teacher Jaspreet taught the following topics:

- Chain Knot stitch
- Satin stitch
- Long - short double stitch
- V - stitch
- Mirror work
- Rose stitch

Furthermore, a monthly test was administered in the last week.

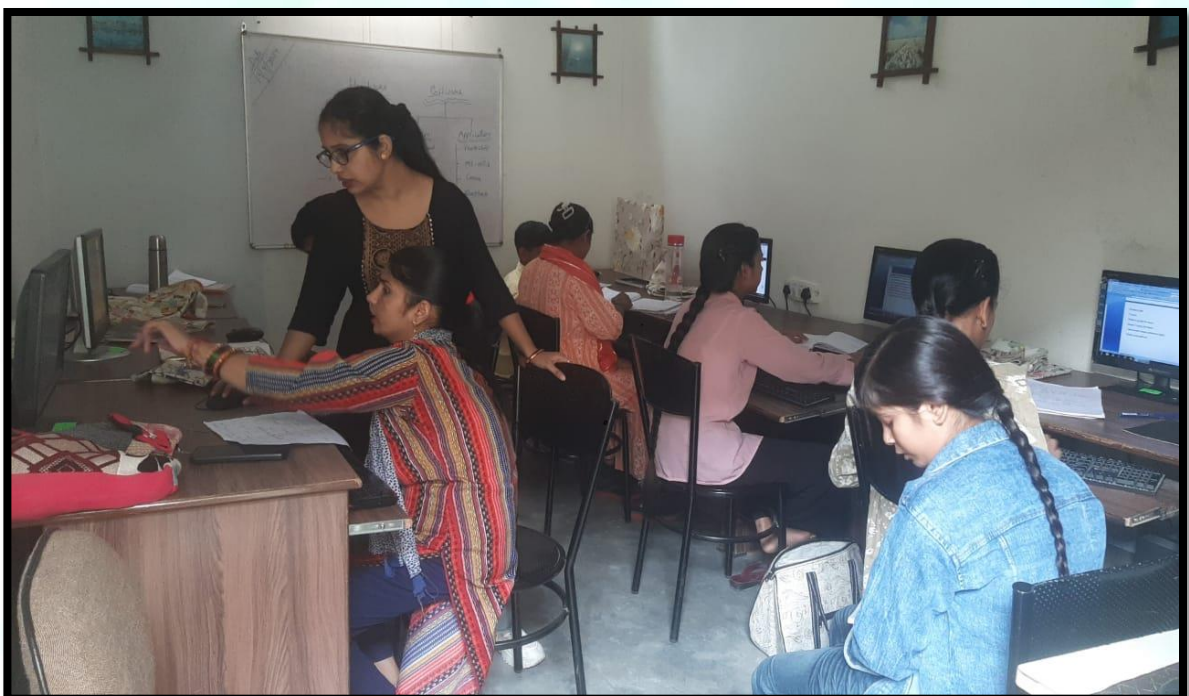




## COMPUTER TRAINING PROGRAM :

In July, Computer teacher Raj covered the following topics:

1. How to create resumes and school admission forms using different Microsoft Word tools.
2. Learning and using Microsoft Excel tools and practising vlookup formulas.
3. Compiling practical files.
4. Teaching new admission students to create two new sceneries using MS Paint.
5. Conducting a weekly test to monitor the progress of students.



# EDUCATION PROGRAM:

## SWAD SCHOOL PROGRESS REPORT:

- Pre Nursery class -

- Paramveer is a highly engaged and bright student in the Pre-nursery class, initially displayed restlessness and a lack of attentiveness during class activities, including failing to stand upright during morning assemblies. Thanks to the dedication of his teacher, he has made significant improvements in his behavior and remarkable progress has been observed in his conduct. Presently, he proactively engages by coming forward to recite poems during class sessions.



- Nursery class -

- Gorish, a new student in the nursery class, was initially shy and reserved in the unfamiliar environment. He lacked focus in class activities and hesitated to interact with his peers. However, his teacher provided personalized care, offering special attention to help him adjust to school and encourage socializing. This approach successfully helped Gorish overcome his barriers; now, he enjoys reciting poems and rhymes and has formed friendships within the class.



- **L.K.G class -**

- Himank, a student in LKG, used to cry over minor issues and lacked interest in class activities. Initially, he was a slow learner and paid minimal attention in class. However, he has made significant progress since then. He now performs well in class, finishes his work promptly and enjoys reciting poems during the morning school assembly.



- **U.K.G class -**

- Shivangi, a student in the UKG level, encountered difficulties in identifying alphabets and arranging words coherently. To bridge this gap and align with her classmates, her teacher extended support by administering daily spelling tests and reinforcing alphabet recognition through repetitive exercises. Consequently, Shivangi has shown notable improvement in her writing skills.



- **Project Alambana -**

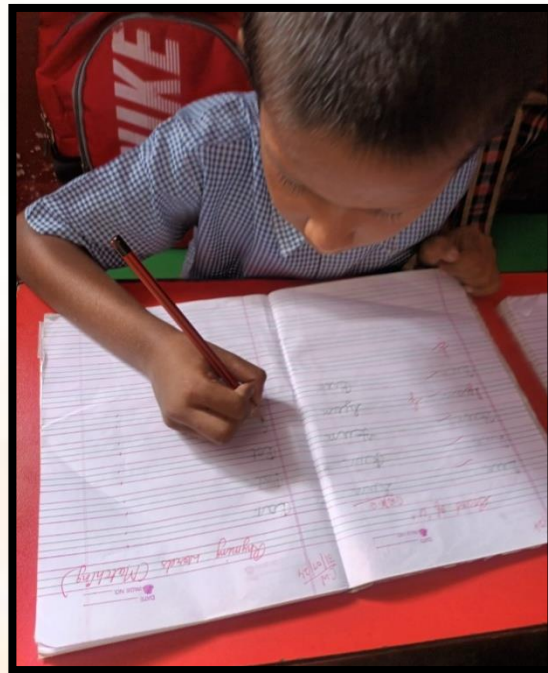
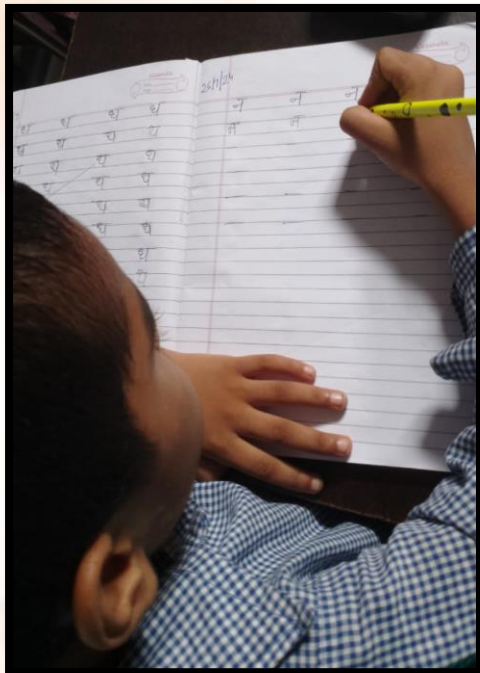
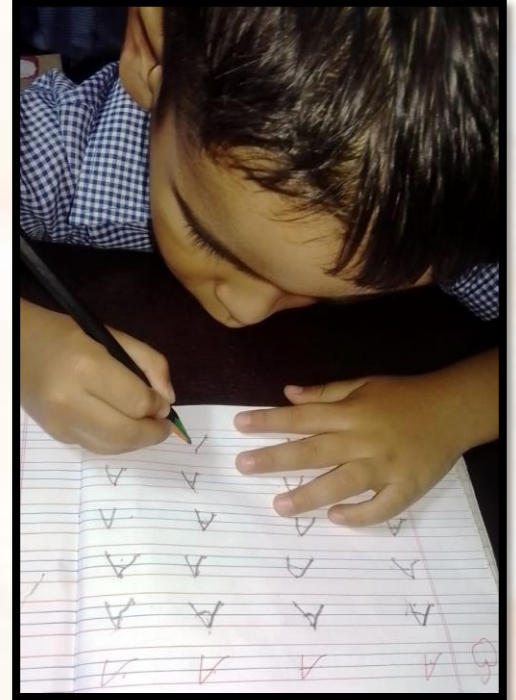
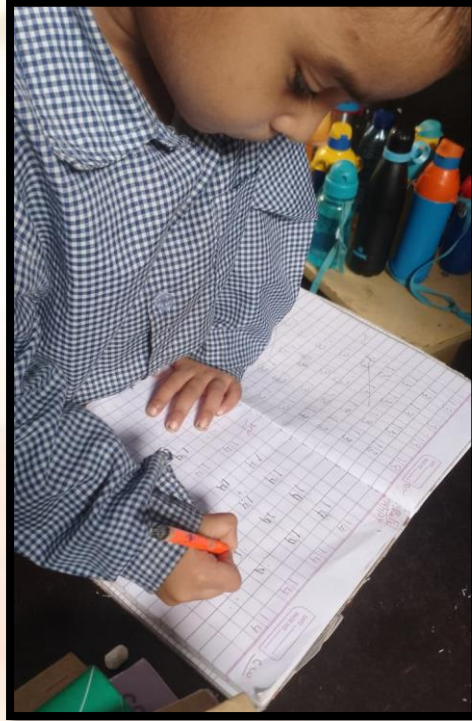
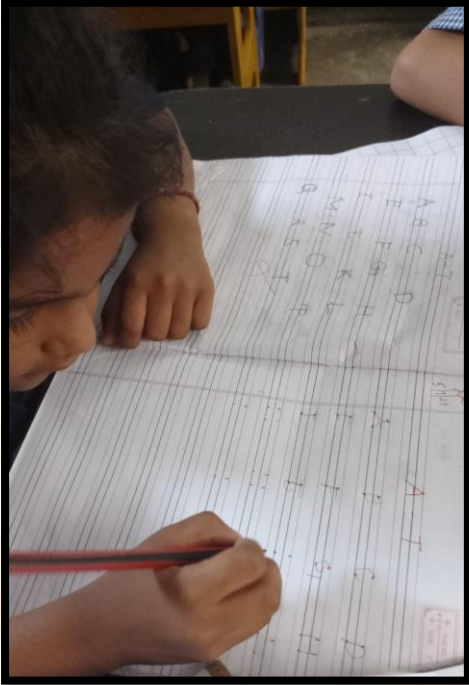
- Sweetie, a student enrolled in Project Alambana, initially exhibited talkative and restless behaviour in class, leading to disruptions and minimal engagement in academic tasks. Nevertheless, her progress is noteworthy as she has transitioned to actively engaging in classroom activities and assignments.



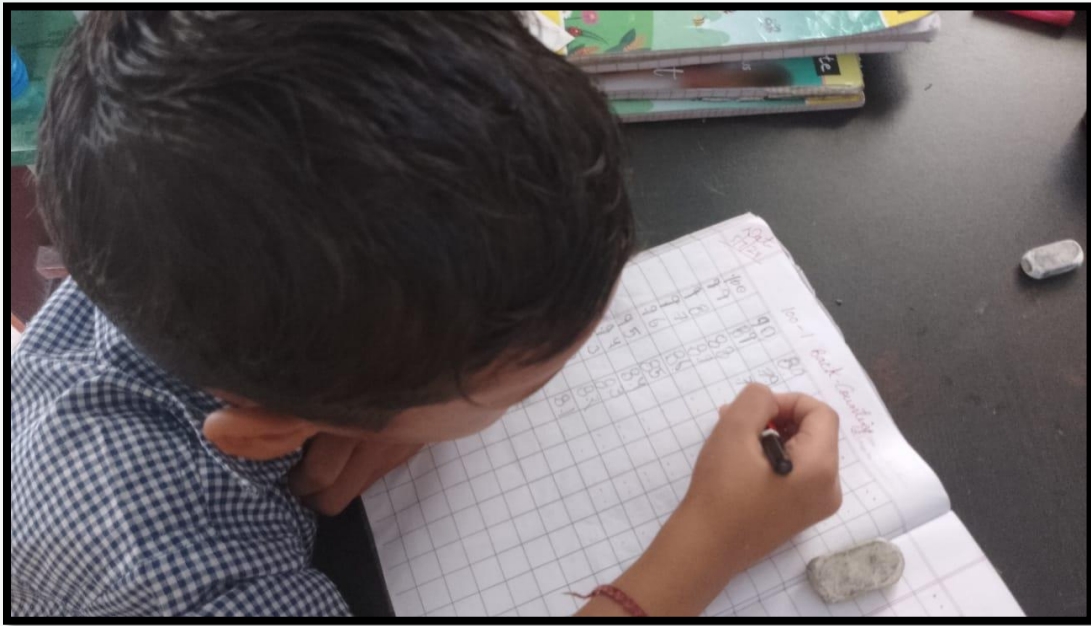
# ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

This month's academic curriculum encompassed a diverse array of subjects, including:

- Acquiring proficiency in writing alphabets and words in English and Hindi




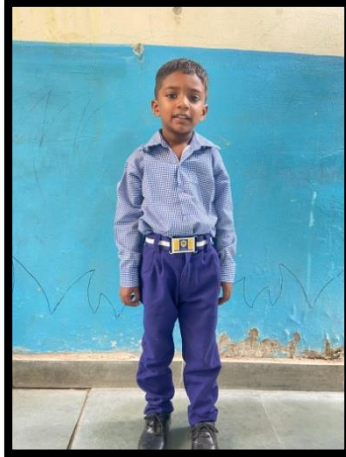
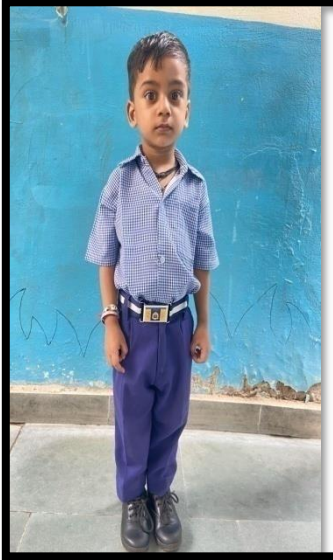

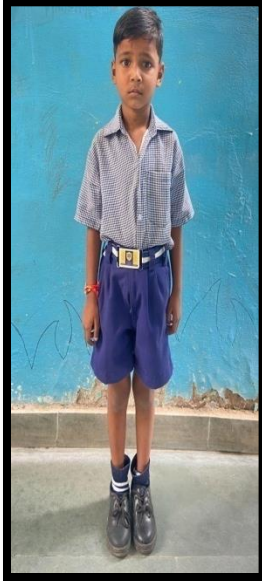







- Mastering numerical concepts and tables from 2 to 5 in Mathematics



- Recognizing water and land animals, wild and domestic animals, assorted fruits, body parts, and vegetables in General Knowledge
- Participating in Saturday activities like paper crafting and coloring various shapes and objects on drawing sheets.



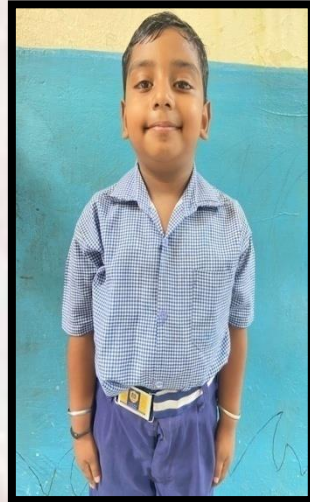
CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE-NURSERY	<b>JESSICA</b> 	<b>PARAMVEER</b> 	<b>RAUNAK</b> 	<b>RIYANSH</b> 
NURSERY	<b>AARAV</b> 	<b>SATNAAM</b> 	<b>DAKSH</b> 	<b>DIVYANSHU</b> 
L.K.G	<b>MISHTI</b> 	<b>LUCKY</b> 	<b>HARSHITA</b> 	<b>SAURAB</b> 

**U.K.G**

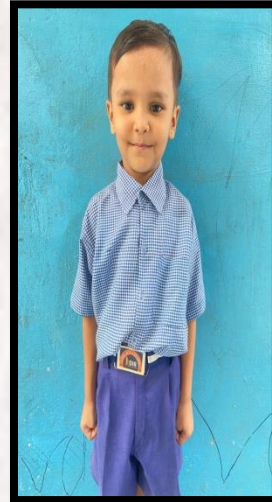
**KUNAL**



**ASHISH**



**VANSH**



**VANIYA**



**ALAMBANA**

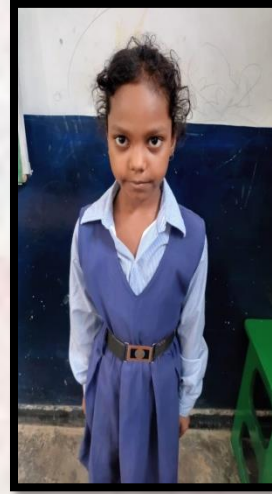
**KASHVI**



**VIRAJ**



**PRIYANSHI**



**AROHI**



## HOMOEOPATHIC CAMP:

A homoeopathy camp is conducted by the Homoeopathic Medical College and Hospital located in Sector 26, Chandigarh. A dedicated team, consisting of two doctors and paramedical staff, visits the community twice a month to offer complimentary consultations and medications.





## DIR INDIA HIGHLIGHTS OF THE MONTH

- SWAD school has resumed classes following a month-long summer break.
- The medical team at DIR India conducted a comprehensive survey to assess the Gravidas of pregnant women in the Janta Colony and Dhanas localities.



- Furthermore, the DIR India team bid farewell to Lata Chauhan, a dedicated Health Promoter who has been an integral part of the team since August 2021. Lata is transitioning to a new phase in her life in preparation for her upcoming wedding in October. The team extends their heartfelt wishes to her for continued success in her future pursuits.



## CONTACT INFORMATION

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<u>Mobile No.</u>	<u>+91-9478866412</u>

### **DIR INDIA BANK DETAILS**

<b>IN FAVOUR OF</b>	DEVELOPING INDIGENOUS RESOURCES INDIA
<b>BANK</b>	STATE BANK OF INDIA
<b>BRANCH</b>	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
<b>ACCOUNT NO.</b>	37375923235
<b>RTGS/NEFT /IFSC CODE</b>	SBIN0018249
<b>MICR CODE</b>	160002091
<b>INSTAMOJ O LINK:</b>	<a href="http://instamojo.com/@dir">instamojo.com/@dir</a>

**❖ Please follow us on our Social Media Accounts**

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WEBSITE	<a href="http://www.dir.ngo">www.dir.ngo</a>

