



Developing Indigenous Resources
India

SEPTEMBER 2024



DEVELOPING INDIGENOUS RESOURCES INDIA

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Developing Indigenous Resources India is qualified for Tax exemption under Income Tax Act 1961 U/S 12AA. vide order no. AAATD9602KE20192, Dated 20.02.2022 and for U/S 80G vide order no. AAATD9602KF20224, Dated- 24.02.2022, certified from the office of the Commissioner of Income Tax-1, Sector 17A, Chandigarh.

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CEO'S REPORT

The September month has many important days. The first week, from 1st September to 7th September is known as Nutrition Week.

5Th September is the Teacher's Day. The SWAD School celebrated Teacher's Day by planting saplings in our playfield.

We are grateful to Professor Santosh Sharma, who came with the saplings. The children and the teachers jointly planted the saplings.



Mr Sanjay Bhatia, an Ex-President Rotary Club has close association with DIR India. Every year there is a contribution for SWAD Scholl children. this year he donated school bags.

Dr Shailja, a pathologist has adopted one child from the Alambana Project and in September every year, she sponsors grocery kits for five poor families.





In academics, the first quarterly exams are held in September followed by Parent teachers' meetings. In this meet children are rewarded with prizes who come first, second, and third in different categories. Mothers are rewarded who take pains in making healthy freshly cooked food in their child's tiffin.



MEDICAL TRAINING

There is a noticeable shift in September as summer gives way to autumn, bringing a refreshing chill to the air. Our academic studies focused on:

- The anatomy and physiology of the digestive system.
- Hemorrhoids, the swollen veins in the anal area often caused by poor lifestyle choices.
- Importance of a high-fiber diet and adequate water intake.



In Janta colony, several cases of **this common issue** were observed. In Dhanas, a 4-year-old boy was suffering from piles. Through committee meetings, the mother was given guidance on health and dietary management from the health promoters. <https://www.medicalnewstoday.com/articles/239454>

Community meetings were organized to address the seasonal prevalence of dengue and typhoid.



NUTRITION TRAINING

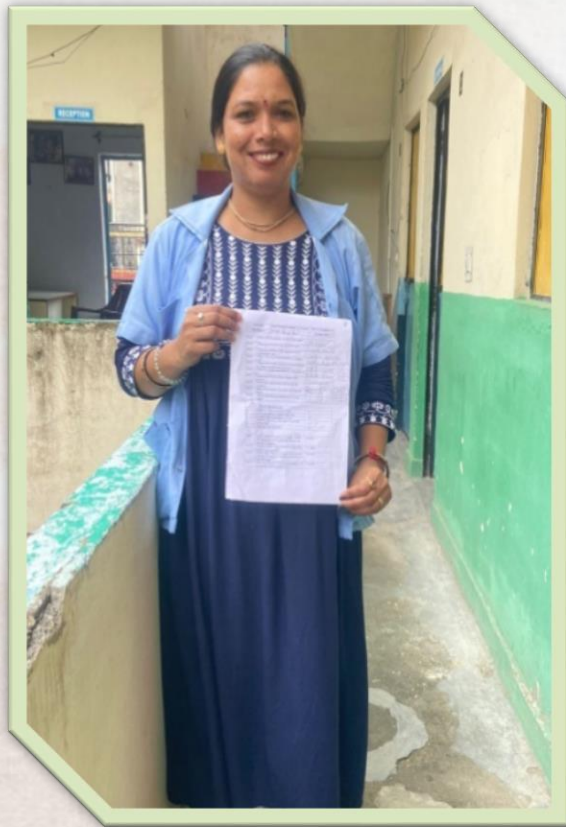
In September, seasonal fruits and vegetables are abundantly available in the market. These are rich sources of antioxidants, vitamins, minerals, and fibre, which help keep our bodies healthy and prevent various health-related problems. Therefore, this month, nutrition training was conducted to emphasise the

- Importance of water-soluble vitamins in our daily life.
- Deficiency symptoms of water soluble vitamins.
- Locally available food sources which prevent its deficiency.

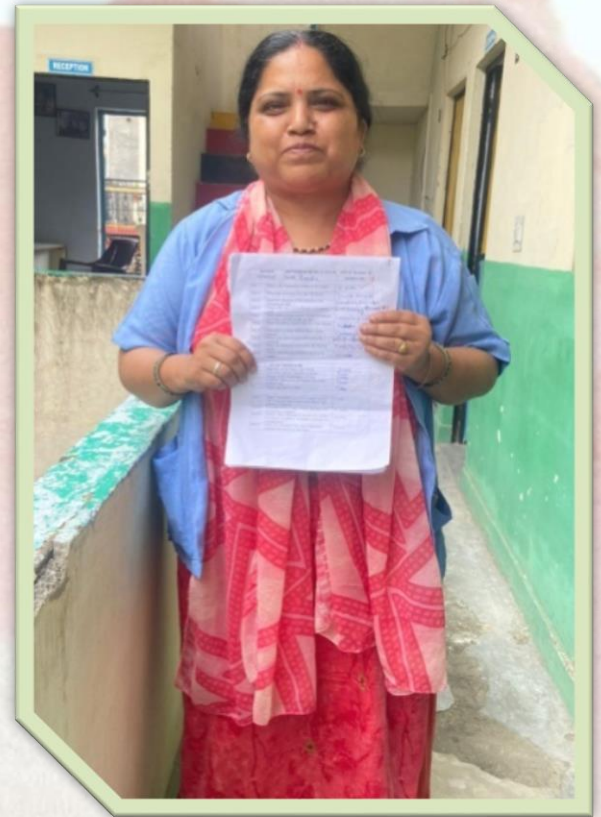


ACADEMIC PROGRESS REPORT OF **FIELD STAFF**

● MEDICAL TOPPERS :



VEENA RANI
FIELD COORDINATOR

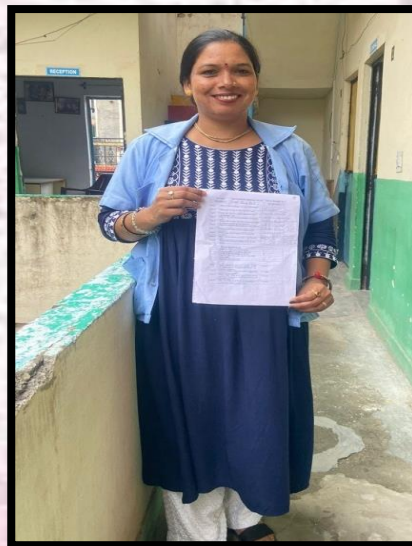


BANITA RAWAT
FIELD SUPERVISOR

● **NUTRITION TOPPERS :**



LATA GOSAIN
SENIOR HEALTH PROMOTER



VEENA RANI
FIELD COORDINATOR



MEENAKSHI NEGI
FIELD COORDINATOR



SUSHMA BISHT
FIELD COORDINATOR

PRACTICAL IMPLEMENTATION THROUGH COMMITTEE MEETINGS:



NUTRITIONAL DEMONSTRATION

Name of the Recipe: **Nutritious cutlets**

Cutlet was prepared by using a mixture of finely chopped vegetables like cauliflower, cabbage, carrot, beans etc. boiled corn and besan. To make it more nutritious, our nutritional demonstration cutlets were prepared by using suji, *ghia*, peas, corn and basen. These chopped vegetables were mixed with besan and suji and made into a dough. Small flat cutlets were prepared and fried and served with sauce. This is a very good option for the Tiffin for kids and can be used as a snack.



Nutritional value per serving - 100g

Energy - 56 Kcal

Protein - 4.2g



❖ THE FEEDING PROGRAM UNDER DIFFERENT CATEGORIES

❖ ATTENDANCE REPORT OF CHILDREN UNDER THE NIPP PROGRAM ADOPTED BY DONORS

TOTAL	RED ZONE	YELLOW ZONE	GREEN ZONE
12	9	2	1

- The progress report of the sponsored children is sent to each donor every month on the health status of the adopted child.

❖ ATTENDANCE REPORT OF CHILDREN UNDER THE ALAMBANA PROJECT

TOTAL	ABOVE 5 YEARS	UNDER 5 YEARS	GREEN ZONE (UNDER 5 YEARS)	YELLOW ZONE (UNDER 5 YEARS)	RED ZONE (UNDER 5 YEARS)
13	4	9	1	2	6

- A Total of 13 children of the project Alambana (children of rag pickers) are sponsored. These children are also part of the NIPP program.

❖ ATTENDANCE REPORT OF THE PREGNANT AND LACTATING MOTHERS

TOTAL WOMEN	NEEDY WOMEN	PREGNANT AND LACTATING WOMEN
4	2	2

DETAILED PROGRESS REPORT OF NIPP:

- Total attendance for September was 29 including Alambana children, Pregnant and lactating mothers.
- In this, 12 were children below 5 years of age, 2 were needy malnourished Lactating mothers, 2 were underprivileged and malnourished women of Janta Colony and 13 were children under the Alambana Project.

PROGRESS REPORT UNDER NIPP PROGRAM AND ALAMBANA PROJECT:

- 5 children gained weight.
- 7 children showed no change in weight due to seasonal illnesses like cough and cold.



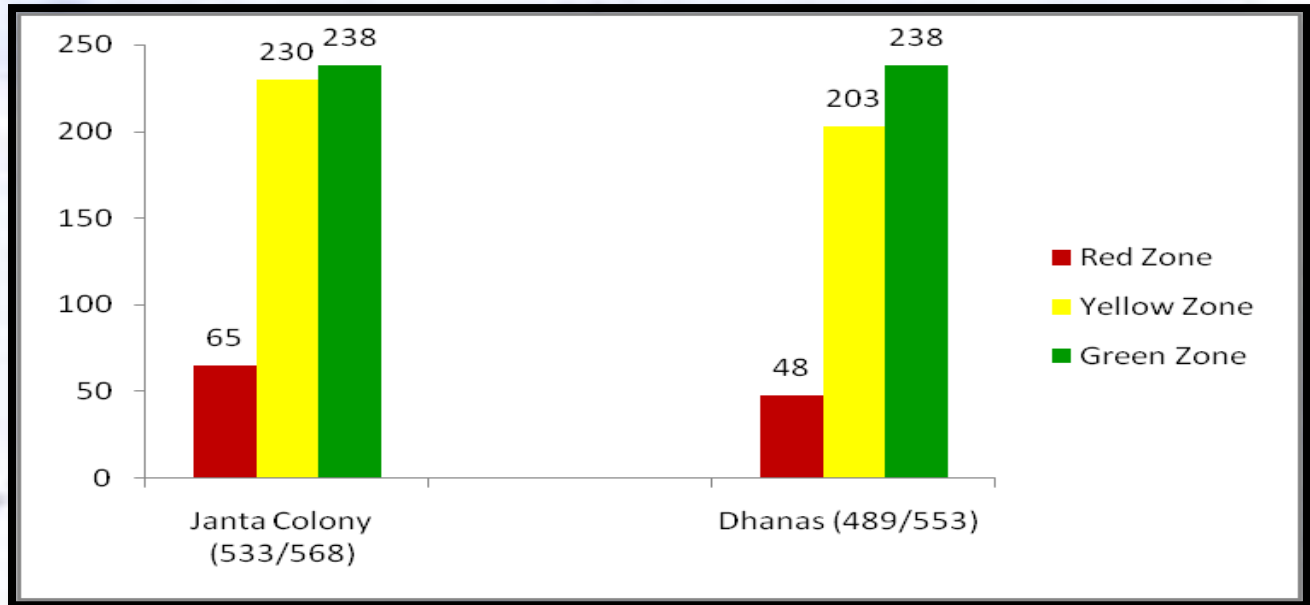
STATISTICS OF MEDICAL PROJECT

	<u>JANTA COLONY SLUM</u>	<u>DHANAS VILLAGE</u>
Total Population	9469	9692
Total Males	4862	5270
Total Females	4607	4422
Total no. of children	568	553
<u>Total Red zone children</u>	69	52
Red zone children Weighed	65	48
Children not weighed (gone to the village)	4	4
<u>Total Yellow zone children</u>	240	231
Yellow zone children weighed	230	203
Children not weighed (gone to the village)	10	28
<u>Total Green Zone children</u>	259	270
Green zone children Weighed	238	238
Children not weighed (gone to the village)	21	32

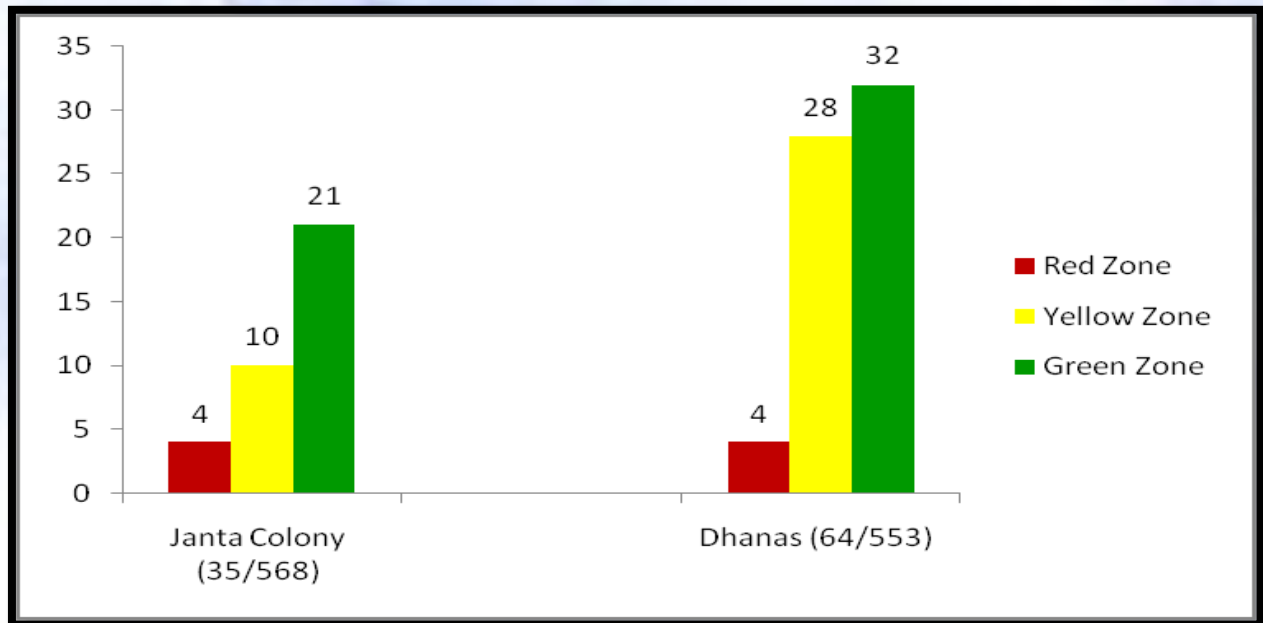
	JANTA COLONY SLUM	DHANAS VILLAGE
Total No. of children last month	580	544
Children permanently left	6	6
Total Deliveries	3	6
Children reached 5 years of age	16	9
New families moved into the area on rent with children under five	7	18



Total number of children weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone



Total number of children not weighed in Janta Colony and Dhanas in the category of Red, Yellow and Green Zone



STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY AND DHANAS

	Janta Colony		Dhanas	
Age (Months)	Children	%Age	Children	%Age
0-12	7	1.2	11	2.0
13-24	9	1.6	12	2.2
25-35	13	2.3	8	1.4
36-48	16	2.8	10	1.8
49-60	20	3.5	7	1.3
Total Red Zone children	69	12.1	52	9.4
Red zone children (weighed)	65	11.4	48	8.7
Children not weighed (gone to the village)	4	0.7	4	0.7

DETAILED STATISTICS OF RED ZONE CHILDREN IN JANTA COLONY

H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	51	9	9	0	1	3	4	2	0	2	2
Dimple	53	7	7	0	3	0	4	1	0	0	0
Lata Gosain	55	7	7	0	0	4	3	0	0	4	0
Meenakshi	48	3	3	0	1	0	2	0	0	2	0
Kajal	56	9	8	1	2	2	3	0	0	7	0
Pooja	46	6	6	0	2	1	3	0	0	3	0
Lata Chandel	43	4	4	0	2	0	1	1	0	0	2
Sushma	40	4	4	0	1	0	3	0	1	1	0
Sunita	47	2	2	0	0	0	1	0	1	0	0
Veena	45	3	3	0	0	0	3	0	0	1	0
Sanjana	45	8	5	3	2	2	1	0	0	3	0
Meena	39	7	7	0	1	0	5	0	0	1	0

DETAILED STATISTICS OF RED ZONE CHILDREN IN DHANAS

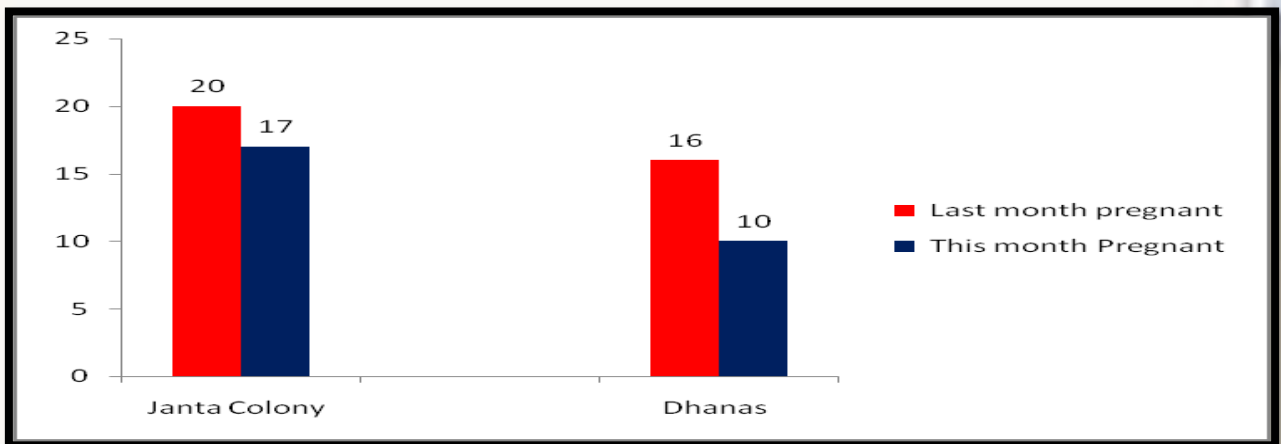
H.P's Name	Total Children	Red Zone	Weighed	Gone To Village	Weight Gain	Weight Loss	Same Weight	Rigid Families	Working Mothers	Floating Population	< 6 Month
Banita	48	5	4	1	2	1	1	0	0	0	0
Dimple	46	4	3	1	2	0	0	0	0	0	1
Lata Gosain	46	3	3	0	2	0	1	0	0	0	1
Meenakshi	41	3	3	0	1	0	2	0	0	0	0
Kajal	45	6	6	0	3	2	1	0	0	0	0
Pooja	40	3	3	0	1	0	2	0	0	0	0
Lata Chandel	53	5	5	0	1	0	4	1	0	0	1
Sushma	54	5	5	0	0	3	2	0	0	0	0
Sunita	46	4	4	0	2	0	1	0	0	0	1
Veena	54	4	4	0	1	1	2	0	0	0	0
Sanjana	47	6	6	0	2	1	2	0	0	0	0
Meena	33	4	2	2	1	0	1	0	0	0	0



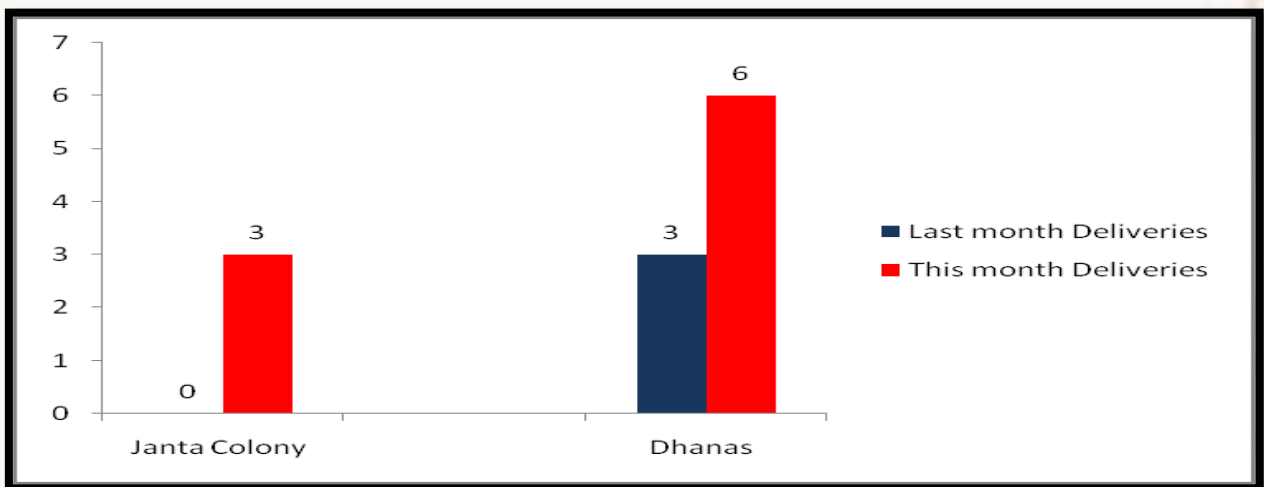
STATISTICS OF PREGNANT MOTHERS AND NEWBORN

	<u>JANTA COLONY</u>	<u>DHANAS VILLAGE</u>
Number of women pregnant last month	20	16
Number of deliveries	3	6
Births	Male:1 Female:2	Male:5 Female:1
Mothers who left the Colony	0	2
Infant death	-	-
Miscarriages	-	-
Abortions	-	-
Newly Pregnant	-	2
Trimester	1 st trimester:0 2 nd trimester: 5 3 rd trimester: 12	1 st trimester:0 2 nd trimester: 1 3 rd trimester: 9
Number of Pregnant women this month	17	10

Total number of Pregnant women in Janta Colony and Dhanas



Total number of Deliveries in Janta Colony and Dhanas



DEATH DETAILS IN JANTA COLONY

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Krishna	90 years	Female	Natural Death	Lata Gosain
Narender	33 years	Male	Dengue	Meenakshi

DEATH DETAILS IN DHANAS

NAME OF THE DECEASED	AGE OF DECEASED (YEARS)	GENDER	CAUSE OF DEATH	NAME OF THE HEALTH PROMOTER
Md. Azeem	29 years	Male	Cardiac arrest	Lata Chandel

TAILORING PROGRAM:

This month Tailoring teacher Jaspreet covered the following topics:

- Painting and pasting on fabrics
- Pillow cover embroidery
- Table cloth embroidery



COMPUTER TRAINING PROGRAM:

This month, the computer teacher RajRani covered several topics, including:

- Students learned how to create electricity bills using various tools and formulas in Microsoft Excel.
- They created Microsoft Word and PowerPoint presentations, using tools like inserting pictures, shapes, designs, and animations.
- The students were also instructed on converting a Word document into a PDF file.
- They were also taught how to create a Gmail account and send an email.

A monthly test was conducted on topics related to networks and their types, including LAN, PAN, MAN, and WAN.



EDUCATION PROGRAM:

SWAD SCHOOL PROGRESS REPORT:

Pre Nursery class -

- Agampreet, a nursery student, initially struggled to speak up in class, despite understanding the material. To help her, her teacher introduced engaging activities such as group discussions, storytelling, and interactive games. These efforts led to remarkable progress; Agampreet now speaks confidently and actively participates in class. Her classwork completion has also improved, reflecting her growing self-assurance and enthusiasm for learning.



Nursery class -

- Divyanshu, a nursery student, initially struggled with shyness in oral participation. However, his teacher recognized his potential and supported him in becoming more comfortable with verbal expression. As a result, he now confidently recites poems in class, demonstrating his progress in overcoming shyness and sharing his creativity.



L.K.G class-

- Ansh, a student in LKG class, struggled with recognizing letters and often wrote them in reverse, which hindered his progress. His teacher provided dedicated support, encouraging him to practice writing letters and words. With her guidance, Ansh made significant improvements and became much more confident in his studies, overcoming his earlier challenges.



U.K.G class

- Shanvi is a dedicated UKG student who excelled in her studies. After being out of school for a month and a half due to Herpes zoster, she returned to find that the syllabus was completed. Despite this setback, she worked hard to catch up and achieved an impressive score of 83% in her September exams, demonstrating her commitment to her studies.



Project Alambana -

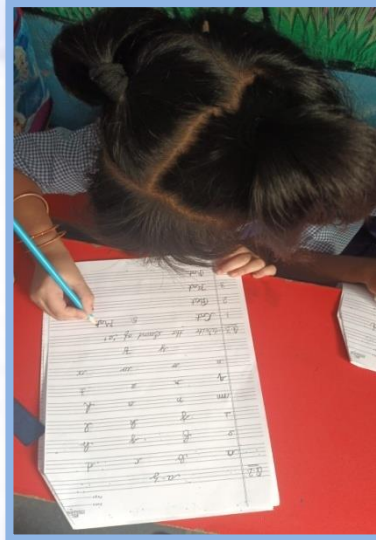
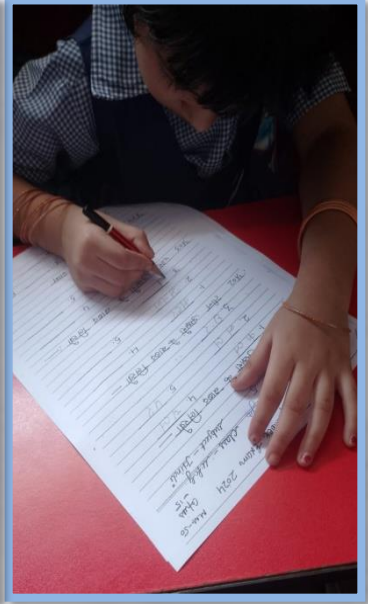
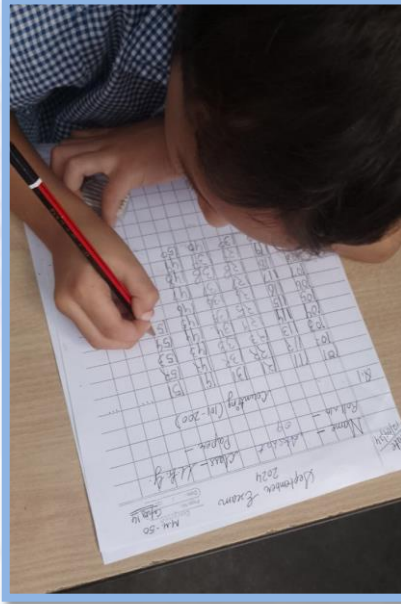
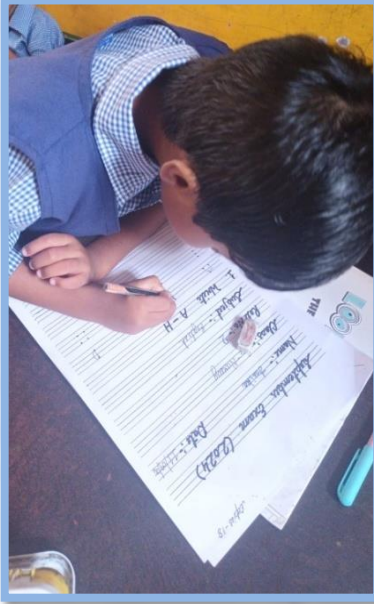
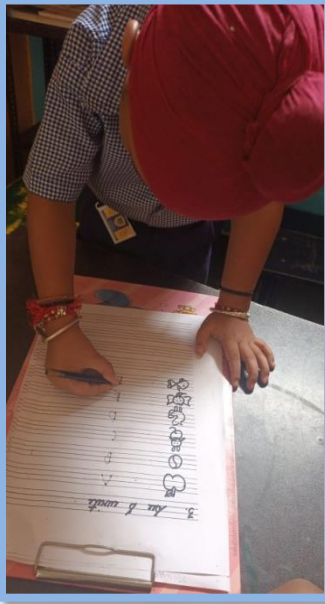
- Sweety is a lively and talkative student in the Alambana class, initially struggling to focus during lessons. With her teacher's guidance, she has transformed her learning approach and now excels in academics and written assignments. She has also become skilled at reciting her poems beautifully and is now the most punctual student in the class.



ACTIVITIES OF SWAD SCHOOL FOR THIS MONTH:

- SWAD School recently held its terminal exams, with excited anticipation building among students as they awaited their results. At the end of the month, the results were announced, showcasing the hard work and dedication of the students. To celebrate their achievements, a special awards ceremony was held with Parents Teachers meet where students were recognized for their outstanding performance in academics, as well as for demonstrating punctuality, discipline, and the importance of healthy eating through their tiffins. This recognition not only highlighted their academic success but also encouraged a holistic approach to personal growth and well-being.





CLASS	BEST DRESSED	PUNCTUAL	BEST STUDENT	DISCIPLINED
PRE-NURSERY	AYANSH 	RAUNAK 	JESSICA 	RIYANSH 
NURSERY	AARAV 	DAKSH 	AARAV 	KUNAL 
L.K.G	NITYA 	HARSHITA 	HARSHIT 	SAURABH 
U.K.G	VANSH 	AKSHAT 	KUNAL 	SHIVANGI 
ALAMBANA	SWEETY 	AROHI 	KASHAVI 	PRIYANSHI 

DIR INDIA HIGHLIGHTS OF THE MONTH

- Mr. Sanjay Bhatia donated 38 school bags for the students of SWAD school.



- Professor Dr. Santosh donated 15 plants and planted them in the school playground on the occasion of Teacher's Day. The DIR India team also planted trees on this occasion.



- Dr. Shailja generously donated groceries worth 500 rupees to 10 women from underprivileged families in Janta Colony slum, as a compassionate gesture to celebrate her husband and father-in-law's birthdays.



OUR TEAM



CONTACT INFORMATION

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<u>Mobile No.</u>	<u>+91-9478866412</u>

DIR INDIA BANK DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA
BANK	STATE BANK OF INDIA
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009
ACCOUNT NO.	37375923235
RTGS/NEFT /IFSC CODE	SBIN0018249
MICR CODE	160002091
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